

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>Medical Transportation Appointments Request must be turned in one day prior by 2pm. All appointments must be within a 10-mile radius.</p> <p>Please note only one appointment per day per residents. First Come First Serve Basis.</p>	<p><u>October Birthdays</u> Patrick M. 10/2 Jean B. 10/03 Jack S. 10/05 Patricia P. 10/09 Don. C 10/11 John F. 10/14 Judith H. 10/14</p>	<p><u>October Birthday Continued</u> Marilyn K. 10/22 Susan F. 10/24 Bill S. 10/26 Larry P. 10/29 Les B. 10/30 Betsy S. 10/30 Ernest M. 10/31</p>	<p>Yom Kippur Begins 9:00 Walking Club with Christianne (BL) 10:00 Grocery Shopping and Nail Salon (Meet in the Lobby) 10:30 Chair Zumba (AS) 11:00 Morning Affirmations with Christianne (BL) 1:00 Mahjong with Judy (Between Building 1 and 4) 1:00 Pokeno (Next to 5212) 2:00 Activities Meeting (BL) 2:30 Poetry Hour with Christianne (BL) 3:00 Art Class with Judy Mason (AB) 3:30 Wine Down Wednesday (BL) 6:30 Poker (L)</p>	<p>9:00 Head To Toe Swedish Exercise (AS) 9:00 Walking Club with Christianne (BL) 10:30 Bible Study (MP) 11:00 The Twilight Zone Anniversary: Trivia and Special Scenes (BL) 1:30 Bingo (MP) 1:30 French Class with Christianne (BL) 2:30 Guardian Angel Day: Who Is Your Guardian Angel? (BL) 2:30 Hymn Singing (Next to 4111) 3:00 World Farm Animal Day: Snack Cart with Christianne and Raz (LB) 6:30 Pokeno (G) 6:30 Poker (L)</p>	<p>9:00 Head To Toe Swedish Exercise (AS) 9:00 Walking Club with Christianne (BL) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 11:30 ROMEOS: Men's Restaurant Outing (Meet in the Lobby) 1:00 Chair Zumba (AS) 1:00 Crazy Rummy (L) 1:00 Live Your Best Life Group 1 (G) 2:00 Live Your Best Life Group 2 (G) 2:00 Puzzle of the Day with Christianne (BL) 3:00 Live Your Best Life Group 3 (G) 3:30 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>9:00 Walking Club with Christianne (BL) 10:00 Diamond Dots (BL) 10:00 Stitch and Chat (Across from 5212) 10:30 Squad Sells (Bistro Bar) 11:30 Frisco Oktoberfest Outing (Meet in the Lobby) 11:30 Violin Playing with Jay (DR) 1:30 Bingo (MP) 2:00 Movie: Murder on the Orient Express (Th) 6:30 Chicken Foot (G) 7:00 Movie: Murder on the Orient Express (Th)</p>
<p>10:00 Church Shuttle to Stonebriar Community Church and St. Francis of Assisi Catholic Church Outing (Meet in the Lobby) 11:00 Bold Grace Fellowship (Th) 11:00 Sunday Brunch (DR) 2:00 Billiards Club (Near 5110) 2:30 Parkview Church Service (Th) 7:00 Sunday Movie: October Sky (Th)</p>	<p>9:00 Head To Toe Swedish Exercise (AS) 10:00 Grocery Shopping (Meet in the Lobby) 11:00 Brain Teasers (MP) 1:30 Bingo (MP) 2:00 Dementia Training for Spouses with Stacy from Hope Healthcare (BL) 2:00 Intercessory Community Prayer (Across from 5212) 3:00 History Buffs (L) 6:30 Pokeno (G)</p>	<p>9:00 Head To Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 9:00 Walking Club with Christianne (BL) 10:30 Parkview Book Club (L) 11:00 Monthly Gazette with Christianne (BL) 12:30 Floral Arrangements with Christianne (AB) 1:00 Crazy Rummy (G) 1:00 Creative Expression Through Color (BL) 2:15 Lao Theme Happy Hour with Andy Goin (DR) 3:15 Comedy Hour (BL) 7:00 Evening Movie: Narnia (Th)</p>	<p>8:00 Texas State Fair Outing (Meet in the Lobby) 9:00 Walking Club with Christianne (BL) 10:30 Chair Zumba (AS) 11:00 Morning Affirmations with Christianne (BL) 1:00 Pokeno (Next to 5212) 1:30 Health Talk with HealthPro Heritage (BL) 2:00 Music and Memories (Th) 2:30 Poetry Hour with Christianne (BL) 3:30 Wine Down Wednesday (BL) 6:30 Poker (L)</p>	<p>9:00 Head To Toe Swedish Exercise (AS) 9:00 Walking Club with Christianne (BL) 10:00 Seven Greatest Unsolved Mysteries of the World (BL) 10:30 Bible Study (MP) 11:30 Tech Class: Facebook Signup (BL) 1:30 Bingo (MP) 1:30 Universal Yum Box Tasting (BL) 3:00 Three Sheets with Russell (DR) 3:30 Advice Hour with Raz (BL) 6:30 Pokeno (G) 6:30 Poker (L)</p>	<p>9:00 Head To Toe Swedish Exercise (AS) 9:00 Walking Club with Christianne (BL) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 11:00 Jewelry Booth with Debi (BL) 11:00 Travel with Christianne (Th) 11:30 Mystery Lunch Outing (Meet in the Lobby) 1:00 Chair Zumba (AS) 1:00 Crazy Rummy (L) 1:00 Live Your Best Life Group 1 (G) 2:00 Live Your Best Life Group 2 (G) 2:00 Puzzle of the Day with Christianne (BL) 3:00 Live Your Best Life Group 3 (G) 3:30 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>9:00 Walking Club with Christianne (BL) 10:00 Diamond Dots (BL) 10:00 Stitch and Chat (Across from 5212) 10:00 The Local Open Brunch House (Meet in the Lobby) 1:30 Bingo (MP) 1:30 Valeries Card Making Creations (AB) 2:00 Movie: The Tuskegee Airmen (Th) 6:30 Chicken Foot (G) 7:00 Movie: The Tuskegee Airmen (Th)</p>
<p>10:00 Church Shuttle to Stonebriar Community Church and St. Francis of Assisi Catholic Church Outing (Meet in the Lobby) 11:00 Bold Grace Fellowship (Th) 11:00 Sunday Brunch (DR) 2:00 Billiards Club (Near 5110) 2:30 Parkview Church Service (Th) 7:00 Sunday Movie: The Client (Th)</p>	<p>Indigenous Peoples' Day 9:00 Head To Toe Swedish Exercise (AS) 10:00 Grocery Shopping (Meet in the Lobby) 11:00 Brain Teasers (MP) 1:00 Chair Zumba (AS) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (Across from 5212) 3:00 History Buffs (L) 6:30 Pokeno (G)</p>	<p>9:00 Head To Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 9:00 Walking Club with Christianne (BL) 10:30 Parkview Book Club (L) 12:30 Floral Arrangements with Christianne (AB) 1:00 Crazy Rummy (G) 1:00 Creative Expression Through Color (BL) 2:15 Polish Theme Happy Hour with Divine (DR) 3:15 Comedy Hour (BL) 7:00 Evening Movie: My Fair Lady (Th)</p>	<p>9:00 Walking Club with Christianne (BL) 10:00 Grocery Shopping and Nail Salon (Meet in the Lobby) 10:30 Chair Zumba (AS) 11:00 Morning Affirmations with Christianne (BL) 1:00 Pokeno (Next to 5212) 1:00 Ted Talk Broadcast (BL) 1:30 Cigar Shop and Bar Outing with Russell (Meet in the Lobby) 1:30 Taste of the Holy Lands (Room 1208) 2:30 Poetry Hour with Christianne (BL) 3:00 History and Facts of Pizza Hut (BL) 3:30 Wine Down Wednesday (BL) 6:30 Poker (L)</p>	<p>9:00 Head To Toe Swedish Exercise (AS) 9:00 Walking Club with Christianne (BL) 10:00 Whiffenpoof Day: History of the a cappella group (BL) 10:30 Bible Study (MP) 1:00 Encompass Health Talk (BL) 1:30 Beths Art with Accent (AB) 1:30 Bingo (MP) 1:30 French Class with Christianne (BL) 2:30 Dictionary Day: Fall Spelling Bee (BL) 2:30 Hymn Singing (Next to 4111) 2:30 Teddy Bear on a Stick (AB) 3:30 Advice Hour with Raz (BL) 6:30 Pokeno (G) 6:30 Poker (L)</p>	<p>9:00 Head To Toe Swedish Exercise (AS) 9:00 Walking Club with Christianne (BL) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 11:30 Juliets Outing (Meet in the Lobby) 1:00 Chair Zumba (AS) 1:00 Crazy Rummy (L) 1:00 Live Your Best Life Group 1 (G) 2:00 Live Your Best Life Group 2 (G) 2:00 Puzzle of the Day with Christianne (BL) 3:00 Live Your Best Life Group 3 (G) 3:30 Signature Cocktail Hour (BL) 3:30 Total Hearing Care (L) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>9:00 Walking Club with Christianne (BL) 10:00 Colorful Crowd with Julie (AB) 10:00 Diamond Dots (BL) 10:00 Stitch and Chat (Across from 5212) 11:30 Katy Trail Outpost Outing (Meet in the Lobby) 1:30 Bingo (MP) 2:00 Movie: The Count of Monte Cristo (Th) 6:30 Chicken Foot (G) 7:00 Movie: The Count of Monte Cristo (Th)</p>
<p>10:00 Church Shuttle to Stonebriar Community Church and St. Francis of Assisi Catholic Church Outing (Meet in the Lobby) 11:00 Bold Grace Fellowship (Th) 11:00 Sunday Brunch (DR) 2:00 Billiards Club (Near 5110) 2:30 Parkview Church Service (Th) 7:00 Sunday Movie: Up Close and Personal (Th)</p>	<p>Diwali 9:00 Head To Toe Swedish Exercise (AS) 10:00 Grocery Shopping (Meet in the Lobby) 11:00 Brain Teasers (MP) 1:00 Chair Zumba (AS) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (Across from 5212) 2:30 Diwali Theme Art and Craft with Raz (AB) 3:00 History Buffs (L) 6:30 Pokeno (G)</p>	<p>9:00 Head To Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 9:00 Walking Club with Christianne (BL) 10:30 Parkview Book Club (L) 12:30 Floral Arrangements with Christianne (AB) 1:00 Crazy Rummy (G) 1:00 Creative Expression Through Color (BL) 2:15 Tater Tots Day: History of Tots and Loaded Tots (BL) 3:15 Comedy Hour (BL) 7:00 Evening Movie: Nine Months (Th)</p>	<p>9:00 Walking Club with Christianne (BL) 10:30 Chair Zumba (AS) 11:00 Morning Affirmations with Christianne (BL) 11:30 Braums Outing (Meet in the Lobby) 1:00 Pokeno (Next to 5212) 1:00 Ted Talk Broadcast (BL) 2:00 Life of Women in the 1700s (BL) 2:00 Music and Memories (Th) 2:30 Poetry Hour with Christianne (BL) 3:30 Wine Down Wednesday (BL) 6:30 Poker (L)</p>	<p>9:00 Head To Toe Swedish Exercise (AS) 9:00 Walking Club with Christianne (BL) 10:00 Double O Day: Double "O" words (BL) 10:30 Bible Study (MP) 1:30 Bingo (MP) 2:15 Pumpkin Day Happy Hour with Vic Duncan (DR) 3:30 Advice Hour with Raz (BL) 5:00 Mystery Dinner Outing (Meet in the Lobby) 6:30 Pokeno (G) 6:30 Poker (L)</p>	<p>9:00 Head To Toe Swedish Exercise (AS) 9:00 Walking Club with Christianne (BL) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 1:00 Chair Zumba (AS) 1:00 Crazy Rummy (L) 1:00 Live Your Best Life Group 1 (G) 1:00 The Wooden Spoon Scandinavian Shop (Meet in the Lobby) 2:00 Live Your Best Life Group 2 (G) 2:00 Puzzle of the Day with Christianne (BL) 3:00 Live Your Best Life Group 3 (G) 3:30 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>9:00 Walking Club with Christianne (BL) 10:00 Colorful Crowd with Julie (AB) 10:00 Diamond Dots (BL) 10:00 Stitch and Chat (Across from 5212) 11:45 Rolling Through the 40s and 50s with Dean Peters (DR) 12:00 Pumpkin on the Prarie (Meet in the Lobby) 1:30 Bingo (MP) 2:00 Movie: US Marshalls (Th) 6:30 Chicken Foot (G) 7:00 Movie: US Marshalls (Th)</p>
<p>10:00 Church Shuttle to Stonebriar Community Church and St. Francis of Assisi Catholic Church Outing (Meet in the Lobby) 11:00 Bold Grace Fellowship (Th) 11:00 Sunday Brunch (DR) 2:00 Billiards Club (Near 5110) 2:30 Parkview Church Service (Th) 7:00 Sunday Movie: Shining Through (Th)</p>	<p>9:00 Head To Toe Swedish Exercise (AS) 10:00 Grocery Shopping (Meet in the Lobby) 11:00 Brain Teasers (MP) 1:00 Chair Zumba (AS) 1:00 Harris Jewelry Repair (BL) 1:30 Bingo (MP) 2:00 Best Halloween Hair Contest 2:00 Intercessory Community Prayer (Across from 5212) 3:00 History Buffs (L) 6:30 Pokeno (G)</p>	<p>9:00 Head To Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 9:00 Walking Club with Christianne (BL) 10:30 Parkview Book Club (L) 12:30 Floral Arrangements with Christianne (AB) 1:00 Crazy Rummy (G) 1:00 Creative Expression Through Color (BL) 1:30 Chocolate Day 2:15 Animation Day: Iconic Cartoons Through the Decades (BL) 2:30 Best Orange and Black Outfit 3:15 Comedy Hour (BL) 7:00 Evening Movie: Mall Cop (Th)</p>	<p>9:00 Walking Club with Christianne (BL) 10:00 Grocery Shopping and Nail Salon (Meet in the Lobby) 10:00 New Resident Social (BL) 10:30 Chair Zumba (AS) 11:00 Morning Affirmations with Christianne (BL) 1:00 Pokeno (Next to 5212) 1:00 Ted Talk Broadcast (BL) 1:30 Best Halloween Hat Contest 2:00 Life of Women in the 1960s (BL) 2:00 Pinochle (G) 2:30 Poetry Hour with Christianne (BL) 3:30 Wine Down Wednesday (BL) 6:30 Poker (L)</p>	<p>9:00 Head To Toe Swedish Exercise (AS) 9:00 Walking Club with Christianne (BL) 10:00 Candy Corn Day: Guess the Candy Corn (BL) 10:30 Bible Study (MP) 1:30 Bingo (MP) 1:30 French Class with Christianne (BL) 2:30 Halloween T-Shirt Contest 3:00 Mad Hatters Book Club: The Secret Life of Sunflowers by Marta Molnar (L) 3:30 Advice Hour with Raz (BL) 6:30 Pokeno (G) 6:30 Poker (L)</p>	<p>Halloween 8:00 Choctaw Casino (Meet in the Lobby) 9:00 Head To Toe Swedish Exercise (AS) 9:00 Walking Club with Christianne (BL) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 1:00 Chair Zumba (AS) 1:00 Crazy Rummy (L) 1:00 Live Your Best Life Group 1 (G) 2:00 Live Your Best Life Group 2 (G) 2:00 Puzzle of the Day with Christianne (BL) 2:15 Halloween Happy Hour with Paul Anderson (DR) 3:00 Live Your Best Life Group 3 (G) 3:30 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)</p>	<p>LOCATION KEY AS - Aerobic Studio AB - Art Breezeway BL - Bistro DR - Dining Room G - Game Room L - Library LB - Lobby MP - Multipurpose Room Th - Theater</p>

October 2025

Independent Living

Activities are subject to change



SUN	MON	TUE	WED	THUR	FRI	SAT
<div>October Birthdays</div> <div>Ken Baker 10/21</div> <div>Janice Leicht 10/25</div> <div>Jeanine Neiman 10/29</div>			<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Welcome to October (LR)</div> <div>10:15 October Wheel of Fortune (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Bridge Group (Community Life Room)</div> <div>12:30 Searching for October Puzzle (LR)</div> <div>1:00 Abstract Tree Design (LR)</div> <div>2:00 October Trivia (LR)</div> <div>2:30 Outing (Meet in the Lobby)</div> <div>3:00 Wine Down Wednesday (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Brain Puzzles (LR)</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>9:50 Daily Chronicle (LR)</div> <div>10:00 Monthly Card Making Group (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Famous October Birthdays (LR)</div> <div>1:00 Afternoon Stretches (LR)</div> <div>2:00 Biography Birthday: Julie Andrews (LR)</div> <div>3:15 Happy Hour (LR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Afternoon Yoga with Tina (LR)</div> <div>1:00 Coloring Corner (LR)</div> <div>2:30 Colorful Crowd with Julie (LR)</div> <div>3:30 Brain Challenging Puzzles (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Friday Night Dominoes (LR)</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Reading Hour (LR)</div> <div>1:30 Finish the Line with Tina (LR)</div> <div>1:30 Piano Tunes with Shaarvi (DR)</div> <div>2:00 Creative Expression Through Color (LR)</div> <div>2:30 Crossword Circle (LR)</div> <div>3:30 Bible Study with Tina (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Movie (LR)</div>
<div>9:00 Coffee and News (LR)</div> <div>9:30 Sunday Stretches (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:00 4H Club Discussion (LR)</div> <div>12:30 October Puzzle of the Month (LR)</div> <div>1:00 Magic Kingdom Day (LR)</div> <div>2:00 Sunday Social Snack (LR)</div> <div>3:30 Remote Hymn Singing and Church Service (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Dominoes- The Tile Masters (LR)</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Singing with Mike (LR)</div> <div>10:30 Dominoes (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Bountiful Bookmarks (LR)</div> <div>1:00 Things That Are Orange (LR)</div> <div>2:00 Documentary Hour (LR)</div> <div>2:30 Communion Service (DR)</div> <div>3:00 Bible Study and Hymn Singing with Pastor Bill (DR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Puzzle Hour (LR)</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>9:55 October Gazette (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Pumpkin Art (LR)</div> <div>1:30 Walking Club (LR)</div> <div>2:00 Book Club with Sheree (LR)</div> <div>3:15 Travel Club with Sheree (LR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 This Day in History (LR)</div> <div>10:15 Creative Crafts with Sandy (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Bridge Group (Community Life Room)</div> <div>12:30 California Destination Art (LR)</div> <div>2:00 Great State Fair of Texas (LR)</div> <div>3:00 Wine Down Wednesday (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Brain Puzzles (LR)</div>	<div>12:30 Pondering: Pumpkins and Decorations (LR)</div> <div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Washington Monument Day (LR)</div> <div>10:15 Culinary Group: Harvest Hash and Snack Mix</div> <div>11:00 Lunch (DR)</div> <div>1:00 Afternoon Stretches (LR)</div> <div>1:00 October Trivia (LR)</div> <div>2:00 Documentary: London Bridge (LR)</div> <div>3:15 Happy Hour (LR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Afternoon Yoga with Tina (LR)</div> <div>1:00 Coloring Corner (LR)</div> <div>2:30 Colorful Crowd with Julie (LR)</div> <div>3:30 Brain Challenging Puzzles (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Friday Night Dominoes (LR)</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Reading Hour (LR)</div> <div>1:30 Finish the Line with Tina (LR)</div> <div>1:30 Piano Tunes with Shaarvi (DR)</div> <div>2:00 Creative Expression Through Color (LR)</div> <div>2:30 Crossword Circle (LR)</div> <div>3:30 Bible Study with Tina (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Movie (LR)</div>
<div>9:00 Coffee and News (LR)</div> <div>9:30 Sunday Stretches (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Brain Games (LR)</div> <div>1:00 All about Pumpkins Trivia (LR)</div> <div>2:00 Sunday Social Snack (LR)</div> <div>3:30 Remote Hymn Singing and Church Service (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Dominoes- The Tile Masters (LR)</div>	<div>Indigenous Peoples' Day</div> <div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Singing with Mike (LR)</div> <div>10:30 Music Therapy with Luisa (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Pinecones and Acorns (LR)</div> <div>1:00 Columbus Day Puzzle (LR)</div> <div>2:00 Documentary Hour (LR)</div> <div>3:00 Bible Study and Hymn Singing with Pastor Bill (DR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Puzzle Hour (LR)</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>9:55 Daily Chronicle (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Hoot Owls Day (LR)</div> <div>1:00 Lifelong Learning (LR)</div> <div>1:30 Walking Club (LR)</div> <div>2:00 Book Club with Sheree (LR)</div> <div>3:15 Travel Club with Sheree (LR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 This Day in History (LR)</div> <div>10:15 October Painting (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Bridge Group (Community Life Room)</div> <div>12:30 Oktoberfest Word Search (LR)</div> <div>2:00 Plants and Animals: Classic Clown Fish (LR)</div> <div>3:00 Wine Down Wednesday (LR)</div> <div>3:15 Oktoberfest Happy Hour with Mike Frankel (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Brain Puzzles (LR)</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Daily Chronicle (LR)</div> <div>10:15 Blankets of Love with Sheree (LR)</div> <div>10:15 Scrapbooking with Sheree (LR)</div> <div>11:00 Lunch (DR)</div> <div>1:00 Afternoon Stretches (LR)</div> <div>1:30 Wellness Talk with HealthPro Heritage (LR)</div> <div>3:00 Documentary: Jessica McClure (LR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Afternoon Yoga with Tina (LR)</div> <div>1:00 Coloring Corner (LR)</div> <div>1:30 Movie Matinee (LR)</div> <div>3:30 Brain Challenging Puzzles (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Friday Night Dominoes (LR)</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Reading Hour (LR)</div> <div>1:30 Finish the Line with Tina (LR)</div> <div>1:30 Piano Tunes with Shaarvi (DR)</div> <div>2:00 Creative Expression Through Color (LR)</div> <div>2:30 Crossword Circle (LR)</div> <div>3:30 Bible Study with Tina (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Movie (LR)</div>
<div>9:00 Coffee and News (LR)</div> <div>9:30 Sunday Stretches (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Brain Games (LR)</div> <div>2:00 Sunday Social Snack (LR)</div> <div>3:25 Monterey Bay Aquarium Documentary (LR)</div> <div>3:30 Remote Hymn Singing and Church Service (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Dominoes- The Tile Masters (LR)</div>	<div>Diwali</div> <div>9:00 Coffee and News (LR)</div> <div>9:00 Donut social with Leah and Stacy from Hope Healthcare</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Singing with Mike (LR)</div> <div>11:00 Lunch (DR)</div> <div>1:00 Adult Coloring: Fall Landscapes (LR)</div> <div>2:00 Documentary Hour (LR)</div> <div>3:00 Bible Study and Hymn Singing with Pastor Bill (DR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Puzzle Hour (LR)</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>9:55 World Series Begins (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Reminiscing Hayrides (LR)</div> <div>1:00 Scarecrow Word Mining (LR)</div> <div>1:30 Walking Club (LR)</div> <div>2:00 Book Club with Sheree (LR)</div> <div>3:15 Travel Club with Sheree (LR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 This Day in History (LR)</div> <div>10:15 October Craft: Pumpkin (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Adult Coloring (LR)</div> <div>12:30 Bridge Group (Community Life Room)</div> <div>2:00 Detective Puzzles (LR)</div> <div>2:30 Outing (Meet in the Lobby)</div> <div>3:00 Wine Down Wednesday (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Brain Puzzles (LR)</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>9:50 Daily Chronicle (LR)</div> <div>10:15 Scrapbooking with Sheree (LR)</div> <div>11:00 Lunch (DR)</div> <div>1:00 Afternoon Stretches (LR)</div> <div>1:30 Beths Art with Accent (LR)</div> <div>3:15 Happy Hour (LR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Afternoon Yoga with Tina (LR)</div> <div>1:00 Coloring Corner (LR)</div> <div>1:30 Movie Matinee (LR)</div> <div>3:30 Brain Challenging Puzzles (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Friday Night Dominoes (LR)</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Reading Hour (LR)</div> <div>1:30 Finish the Line with Tina (LR)</div> <div>1:30 Piano Tunes with Shaarvi (DR)</div> <div>2:00 Creative Expression Through Color (LR)</div> <div>2:30 Crossword Circle (LR)</div> <div>3:30 Bible Study with Tina (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Movie (LR)</div>
<div>9:00 Coffee and News (LR)</div> <div>9:30 Sunday Stretches (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Brain Games (LR)</div> <div>1:00 Pondering: Halloween Costumes (LR)</div> <div>2:00 Sunday Social Snack (LR)</div> <div>3:25 Statue of Liberty Dedication (LR)</div> <div>3:30 Remote Hymn Singing and Church Service (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Dominoes- The Tile Masters (LR)</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Singing with Mike (LR)</div> <div>10:30 Gateway Arch Discussion (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Adult Color Creations (LR)</div> <div>1:00 Matching Pumpkins (LR)</div> <div>2:00 Best Halloween Hair Contest</div> <div>2:00 Documentary Hour (LR)</div> <div>3:00 Bible Study and Hymn Singing with Pastor Bill (DR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Puzzle Hour (LR)</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Adult Coloring: Autumn Wreath (LR)</div> <div>1:00 Spiders Trivia (LR)</div> <div>1:30 Chocolate Day</div> <div>1:30 Walking Club (LR)</div> <div>2:00 Book Club with Sheree (LR)</div> <div>2:30 Best Orange and Black Outfit</div> <div>3:15 Travel Club with Sheree (LR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 This Day in History (LR)</div> <div>10:15 Halloween Art and Crafts (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Bridge Group (Community Life Room)</div> <div>12:30 Detective Challenge (LR)</div> <div>1:00 Haunted Houses with Sheree (LR)</div> <div>1:30 Best Halloween Hat Contest</div> <div>2:00 National Cat Day (LR)</div> <div>3:00 Wine Down Wednesday (LR)</div> <div>3:15 Halloween Happy Hour with Paul Anderson (DR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Brain Puzzles (LR)</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:15 Culinary Group: Halloween Cupcakes (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Halloween Themed Puzzles (LR)</div> <div>1:00 Afternoon Stretches (LR)</div> <div>2:00 History of Halloween (LR)</div> <div>2:30 Halloween T-Shirt Contest</div> <div>3:15 Documentary of the Ghost Town (LR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>Halloween</div> <div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Afternoon Yoga with Tina (LR)</div> <div>1:00 Coloring Corner (LR)</div> <div>1:30 Movie Matinee (LR)</div> <div>3:30 Brain Challenging Puzzles (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Friday Night Dominoes (LR)</div>	<div>LOCATION KEY</div> <div>DR - Dining Room</div> <div>LR - Living Room</div>

October 2025

Assisted Living

Activities are subject to change

SUN	MON	TUE	WED	THUR	FRI	SAT
October Birthdays Pamela Nimieck 10/02 Phillip King 10/16			9:00 Walking Club (Meet in the Living Room) 9:30 Tuesday Trivia (LR) 10:00 Person of Interest (LR) 10:30 Happy Birthday Julie Andrews-Facts and Trivia (LR) 1:30 Adult Coloring Corner (DR) 2:00 Singing with Krystal (LR) 2:30 Popin for Popcorn (LR) 3:00 Bingo (LR) 5:00 Evening Jazz with Care Team (LR) 1	9:00 Swatter Ball (LR) 9:30 Culinary Club: Chocolate Chip Cookie (LR) 1:30 Chair Yoga (LR) 2:00 Coffee, Tea, and Bread Bake with Raz and Tina (DR) 3:15 Happy Hour (Assisted Living Dining Room) 5:00 Evening Movies with Care Team (LR) 2	9:00 Morning Stretches (LR) 9:30 Lets Laugh: World Smile Day (LR) 10:00 Ghost Toss (LR) 10:30 Hot Chocolate and Fun Facts (LR) 1:30 Ladder Ball (LR) 2:00 ArmChair Travel Class with Raz and Tina (LR) 2:30 Painting with Raz and Tina (DR) 5:00 Dominoes with Care Team (LR) 3	9:00 Balloon Toss (LR) 9:30 October Match Up (LR) 10:00 Church Service and Hymns (LR) 1:00 Wildlife Matching Challenge (LR) 1:30 Ax Throwing (LR) 2:00 Arts Class with Shaarvi (LR) 3:00 Bingo (LR) 5:00 Relaxation Music with Care Team (LR) 4
9:00 Walking Club (Meet in the Living Room) 9:30 Daily Chronicle Extra (LR) 10:00 Church Service and Hymns (LR) 11:00 Star of the Month: Arnold Schwarzenegger (LR) 1:30 Ladder Ball (LR) 2:30 Who Am I? (LR) 3:00 You Be the Judge (LR) 5:00 Memory Basket with Care Team (LR) 5	9:30 Finish the Phrase (LR) 10:30 Singing with Mike (LR) 11:00 Morning Devotional (LR) 1:30 Adult Coloring Corner (DR) 2:00 Jazz Music (LR) 3:00 Bingo (LR) 5:00 Evening Puzzles with Care Team (LR) 6	9:00 Chair Volleyball (LR) 9:30 Reminisce with the Senses (LR) 12:00 Remembrance Day Discussion (LR) 10:30 Top 10 Tuesday Game (LR) 1:30 Parachute Ball (LR) 2:00 Hand Massages with Tina (LR) 2:30 Pooh Day (LR) 3:00 The Power of Contentment (LR) 5:00 Music Hour with Nayas (LR) 7	9:00 Walking Club (Meet in the Living Room) 9:30 Brain Games (LR) 10:00 Magic Art (LR) 10:00 Picture This (LR) 1:30 Adult Coloring Corner (DR) 2:00 Afternoon Coffee and Cookies (LR) 3:00 Bingo (LR) 5:00 Evening Jazz with Care Team (LR) 8	9:00 Swatter Ball (LR) 9:30 Dancing through Halloween (LR) 10:00 Culinary Club: Brownies (LR) 1:30 Exercise with Beth from Accent Care (LR) 2:00 Coffee, Tea, and Bread Bake with Raz and Tina (DR) 3:15 Happy Hour (Assisted Living Dining Room) 5:00 Evening Movies with Care Team (LR) 9	9:00 Morning Stretches (LR) 10:00 Card Making Class with Stacy and Leah from Hope Healthcare (DR) 1:30 Ladder Ball (LR) 2:00 ArmChair Travel Class with Raz and Tina (LR) 2:30 Outing (Meet in the Lobby) 2:30 Painting with Raz and Tina (DR) 3:00 Magic Art (LR) 5:00 Dominoes with Care Team (LR) 10	9:00 Balloon Toss (LR) 12:00 October Trivia (LR) 10:00 Church Service and Hymns (LR) 1:00 Daily Chronicle (LR) 1:30 Ax Throwing (LR) 2:00 Arts Class with Shaarvi (LR) 3:00 Bingo (LR) 5:00 Relaxation Music with Care Team (LR) 11
9:00 Walking Club (Meet in the Living Room) 9:30 Daily Chronicle Extra (LR) 10:00 Church Service and Hymns (LR) 1:30 Ladder Ball (LR) 2:30 Who Am I? (LR) 3:00 Reflection on Amazing Grace (LR) 3:30 Jokes and Cokes on the Patio (PT) 5:00 Memory Basket with Care Team (LR) 12	Indigenous Peoples' Day 9:30 Music Therapy with Luisa (LR) 10:30 Singing with Mike (LR) 1:30 Adult Coloring Corner (DR) 2:00 Daily Chronicle (LR) 2:30 Finish the Song (LR) 3:00 Bingo (LR) 5:00 Evening Puzzles with Care Team (LR) 13	9:00 Chair Volleyball (LR) 9:30 Picture This (LR) 10:00 Apple Betty Day (LR) 1:30 Parachute Ball (LR) 2:00 Manicures with Tina (LR) 2:30 Culinary Club: Apple Betty (LR) 3:30 Virtual Travel Down Memory Lane (LR) 5:00 Music Hour with Nayas (LR) 14	9:00 Walking Club (Meet in the Living Room) 9:30 Name That Tune (LR) 10:00 Virtual Adventure (LR) 10:30 Puzzle Detective (LR) 1:30 Adult Coloring Corner (DR) 2:00 Relaxation Music Hour (LR) 3:00 Bingo (LR) 5:00 Evening Jazz with Care Team (LR) 15	9:00 Swatter Ball (LR) 9:30 Art Club: Cheerful Calendulas (LR) 10:00 Music Hour with Tina (LR) 1:30 Chair Yoga (LR) 2:00 Coffee, Tea, and Bread Bake with Raz and Tina (DR) 3:15 Happy Hour (Assisted Living Dining Room) 5:00 Evening Movies with Care Team (LR) 16	9:00 Morning Stretches (LR) 9:30 What Am I? (LR) 10:00 Finish the Phrase (LR) 10:30 You Be the Judge (LR) 1:30 Ladder Ball (LR) 2:00 Eggceptional Halloween Egg Saying (LR) 3:00 Coffee Chat (LR) 5:00 Dominoes with Care Team (LR) 17	9:00 Balloon Toss (LR) 9:30 Pumpkin Painting (LR) 10:00 Church Service and Hymns (LR) 1:00 Donuts and Discussion (LR) 1:30 Ax Throwing (LR) 2:00 Arts Class with Shaarvi (LR) 3:00 Bingo (LR) 5:00 Relaxation Music with Care Team (LR) 18
9:00 Walking Club (Meet in the Living Room) 9:30 Daily Chronicle Extra (LR) 10:00 Church Service and Hymns (LR) 1:30 Ladder Ball (LR) 2:30 Who Am I? (LR) 3:00 Picture This (LR) 3:30 Take a Wild Guess (LR) 5:00 Memory Basket with Care Team (LR) 19	Diwali 9:30 Morning Stretches (LR) 10:30 Singing with Mike (LR) 1:30 Adult Coloring Corner (DR) 2:00 October Jeopardy (LR) 2:30 Name That Tune (LR) 2:30 Tickle Your Funny Bone (LR) 3:00 Bingo (LR) 5:00 Evening Puzzles with Care Team (LR) 20	9:00 Chair Volleyball (LR) 9:30 Explore the senses with Oranges (LR) 1:30 Parachute Ball (LR) 2:00 Hand Massages with Tina (LR) 2:30 Craft Club: Watercolors (LR) 5:00 Music Hour with Nayas (LR) 21	9:00 Walking Club (Meet in the Living Room) 9:30 October Puzzle of the Month (LR) 1:30 Adult Coloring Corner (DR) 2:00 Afternoon Coffee and Cookies (LR) 3:00 Bingo (LR) 5:00 Evening Jazz with Care Team (LR) 22	9:00 Swatter Ball (LR) 9:30 Who Am I? (LR) 10:00 Craft Club: Fun with Color (LR) 1:30 Chair Yoga (LR) 2:00 Coffee, Tea, and Bread Bake with Raz and Tina (DR) 3:15 Happy Hour (Assisted Living Dining Room) 5:00 Evening Movies with Care Team (LR) 23	9:00 Morning Stretches (LR) 9:30 Classy Clown (LR) 10:00 Culinary Club: Fluffer Nutter Sandwich (LR) 1:30 Ladder Ball (LR) 2:30 Outing (Meet in the Lobby) 2:30 Painting with Raz and Tina (DR) 3:00 Magic Art (LR) 5:00 Dominoes with Care Team (LR) 24	9:00 Balloon Toss (LR) 9:30 You Be The Judge (LR) 10:00 Church Service and Hymns (LR) 1:00 Puppy Club (LR) 1:30 Ax Throwing (LR) 2:00 Arts Class with Shaarvi (LR) 3:00 Bingo (LR) 5:00 Relaxation Music with Care Team (LR) 25
9:00 Walking Club (Meet in the Living Room) 9:30 Daily Chronicle Extra (LR) 10:00 Church Service and Hymns (LR) 1:30 Ladder Ball (LR) 2:30 Who Am I? (LR) 3:00 Donuts and Discussion (LR) 5:00 Memory Basket with Care Team (LR) 26	9:30 Morning Stretches (LR) 10:30 Singing with Mike (LR) 1:30 Adult Coloring Corner (DR) 2:00 Best Halloween Hair Contest 2:30 Reminisce with the Senses (LR) 3:00 Bingo (LR) 5:00 Evening Puzzles with Care Team (LR) 27	9:00 Chair Volleyball (LR) 9:30 Readers Theater (LR) 9:30 Who Am I? (LR) 10:00 Benefits of Pets (LR) 1:30 Chocolate Day 1:30 Parachute Ball (LR) 2:00 Manicures with Tina (LR) 2:30 Best Orange and Black Outfit 3:00 Fun with Food: Monster Mash Cupcakes (LR) 5:00 Music Hour with Nayas (LR) 28	9:00 Walking Club (Meet in the Living Room) 9:30 Morning Coffee and Donuts (LR) 1:30 Adult Coloring Corner (DR) 1:30 Best Halloween Hat Contest 2:00 Singing with Krystal (LR) 3:00 Bingo (LR) 5:00 Evening Jazz with Care Team (LR) 29	9:00 Swatter Ball (LR) 9:30 Grouch Day (LR) 10:00 Junk Drawer Detective (LR) 1:30 Chair Yoga (LR) 2:00 Coffee, Tea, and Bread Bake with Raz and Tina (DR) 2:30 Halloween T-Shirt Contest 3:15 Happy Hour (Assisted Living Dining Room) 5:00 Evening Movies with Care Team (LR) 30	Halloween 9:00 Morning Stretches (LR) 9:30 Bethany Gets Booed (LR) 9:30 Monser Mash Challenge (LR) 10:00 Culinary Club: Cupcakes (LR) 1:30 Ladder Ball (LR) 2:00 All About Bats (LR) 2:30 Halloween in my Hometown (LR) 5:00 Dominoes with Care Team (LR) 31	LOCATION KEY DR - Dining Room LR - Living Room PT - Patio PT - Pool Table

October 2025

Memory Care
 Activities are subject to change