

SUN

MON

TUE

WED

THUR

FRI

SAT

**LOCATION KEY**

DR - Dining Room

LR - Living Room

9:00 Winter Walking Club (Meet in the Living Room)  
 9:30 Daily Chronicle Extra (LR)  
 10:00 Church Service and Hymns (LR)  
 11:00 Readers Theater (LR)  
 1:00 Bingo (DR)  
 1:30 Ladder Ball (LR)  
 2:00 Happy Birthday Paddington Bear (LR)  
 2:30 Who Am I? (LR)  
 3:00 Cookie Bake: Create your own special cookie (DR)  
 5:00 Memory Basket with Care Team (LR)

**4**

9:00 Monthly Trivia (LR)  
 9:30 Morning Stretches (LR)  
 10:00 Name That Tune with Care Staff  
**10:30 Singing with Mike (LR)**  
 11:00 Finish the Line (LR)  
 1:30 Adult Coloring Corner (DR)  
 2:00 January Trivia (LR)  
 3:00 Bingo (LR)  
 5:00 Evening Puzzles with Care Team (LR)

**5**

9:00 Chair Volleyball (LR)  
 9:30 Zodiac Trivia (LR)  
 10:00 Picture This (LR)  
 1:30 Parachute Ball (LR)  
 2:00 Hand Massages with Tina (LR)  
 2:30 Cultural Documentary Series (DR)  
 2:50 Culinary Group: Banana Oatmeal Cookies (LR)  
 5:00 Music Hour with Nayas (LR)

**6**

9:00 Winter Walking Club (Meet in the Living Room)  
 9:30 Who am I? (LR)  
 10:00 Magic Art (LR)  
 10:30 Daily Chronicle Extra (LR)  
 1:00 Tickle your funny bone (LR)  
 1:30 Adult Coloring Corner (DR)  
**2:00 Singing with Krystal (LR)**  
 3:00 Bingo (LR)  
 5:00 Evening Jazz with Care Team (LR)

**7**

New Year's Day  
 9:00 Swatter Ball (LR)  
 9:30 Craft Club (LR)  
 1:30 Chair Yoga (LR)  
 2:00 Coffee, Tea, and Pie Group (DR)  
 3:00 National Bloody Mary Day: Cocktails and Mocktails  
**3:15 Happy Hour (Assisted Living Dining Room)**  
 5:00 Evening Movies with Care Team (LR)

**1**

9:00 Morning Stretches (LR)  
 9:30 Take the Penguin Plunge (LR)  
 10:00 Fresh Start Fridays: How will you restart the new year with Tina (LR)  
**1:30 Ladder Ball (LR)**  
**2:30 Outing (Meet in the Lobby)**  
 5:00 Dominoes with Care Team (LR)

**2**

9:00 Balloon Toss (LR)  
 9:30 Social Saturday: Coffee and Donuts (LR)  
 10:00 Church Service and Hymns (LR)  
 1:30 Ax Throwing (LR)  
 2:00 Arts Class with Shaarvi (LR)  
 3:00 Bingo (LR)  
 5:00 Relaxation Music with Care Team (LR)

**3**

9:00 Winter Walking Club (Meet in the Living Room)  
 9:30 Daily Chronicle Extra (LR)  
 10:00 Church Service and Hymns (LR)  
 10:50 Craft Club (LR)  
 1:00 Bingo (DR)  
 1:30 Ladder Ball (LR)  
 2:00 20 Questions Challenge (LR)  
 2:30 Who Am I? (LR)  
 3:00 Cookie Bake: Create your own special cookie (DR)  
 5:00 Memory Basket with Care Team (LR)

**11**

9:00 Monthly Trivia (LR)  
 9:30 Music Therapy with Luisa (LR)  
 10:00 Name That Tune with Care Staff  
**10:30 Singing with Mike (LR)**  
 11:00 Morning Devotional (LR)  
 1:00 Afternoon Stretches (LR)  
 1:30 Adult Coloring Corner (DR)  
 2:00 New Years Resolution Challenge (LR)  
 3:00 Bingo (LR)  
 5:00 Evening Puzzles with Care Team (LR)

**12**

9:00 Chair Volleyball (LR)  
 9:30 Reminisce with Fuller (LR)  
 1:30 Parachute Ball (LR)  
 2:00 Manicures with Tina (LR)  
 2:30 Cultural Documentary Series (DR)  
 3:00 Jokes and Cokes (LR)  
 3:30 Fun with Food: Coke Floats (LR)  
 5:00 Music Hour with Nayas (LR)

**13**

9:00 Winter Walking Club (Meet in the Living Room)  
 9:30 Happy Birthday Hot Chocolate (LR)  
 9:30 Who am I? (LR)  
 10:00 Magic Art (LR)  
 10:00 Puzzle Detective (LR)  
 1:30 Adult Coloring Corner (DR)  
 2:00 Breakout Challenge (LR)  
 2:00 Fun with Food: Shortbread Cookies with Care Team (LR)  
 3:00 Bingo (LR)  
 5:00 Evening Jazz with Care Team (LR)

**14**

9:00 Swatter Ball (LR)  
 9:30 Daily Chronicle (LR)  
 10:00 Donuts and Discussion (LR)  
 1:30 Chair Yoga (LR)  
 2:00 Coffee, Tea, and Pie Group (DR)  
**3:15 Happy Hour (Assisted Living Dining Room)**  
 5:00 Evening Movies with Care Team (LR)

**15**

9:00 Morning Stretches (LR)  
 9:30 Daily Chronicle (LR)  
 10:00 Fresh Start Fridays: How will you restart the new year with Tina (LR)  
 1:30 Ladder Ball (LR)  
**2:30 Outing (Meet in the Lobby)**  
 5:00 Dominoes with Care Team (LR)

**16**

9:00 Balloon Toss (LR)  
 9:30 Social Saturday: Coffee and Donuts (LR)  
 10:00 Church Service and Hymns (LR)  
 1:30 Ax Throwing (LR)  
 2:00 Arts Class with Shaarvi (LR)  
 3:00 Bingo (LR)  
 5:00 Relaxation Music with Care Team (LR)

**17**

9:00 Winter Walking Club (Meet in the Living Room)  
 9:30 Daily Chronicle Extra (LR)  
 10:00 Church Service and Hymns (LR)  
 11:00 Toss Challenge (LR)  
 1:00 Bingo (DR)  
 1:30 Ladder Ball (LR)  
 2:30 Who Am I? (LR)  
 3:00 Cookie Bake: Create your own special cookie (DR)  
 5:00 Memory Basket with Care Team (LR)

**18**

Martin Luther King Jr. Day  
 9:00 Monthly Trivia (LR)  
 9:30 Morning Stretches (LR)  
 10:00 Name That Tune with Care Staff  
**10:30 Singing with Mike (LR)**  
 1:30 Adult Coloring Corner (DR)  
 2:00 Chair Yoga (LR)  
 3:00 Bingo (LR)  
 5:00 Evening Puzzles with Care Team (LR)

**19**

9:00 Chair Volleyball (LR)  
 9:30 You Be the Judge (LR)  
 10:00 Finish the Song (LR)  
 1:30 Parachute Ball (LR)  
 2:00 Hand Massages with Tina (LR)  
 2:30 Cultural Documentary Series (DR)  
 3:00 Jokes and Cokes (LR)  
 3:30 Afternoon Coffee and Cookies (LR)  
 5:00 Music Hour with Nayas (LR)

**20**

9:00 Winter Walking Club (Meet in the Living Room)  
 9:30 Daily Chronicle Extra (LR)  
 10:00 Brain Games (LR)  
 1:30 Adult Coloring Corner (DR)  
 2:00 Afternoon Coffee and Cookies with Care staff (LR)  
 3:00 Bingo (LR)  
 5:00 Evening Jazz with Care Team (LR)

**21**

9:00 Swatter Ball (LR)  
 9:30 January Jeopardy (LR)  
 10:00 Donuts and Discussion (LR)  
 1:30 Chair Yoga (LR)  
 2:00 Coffee, Tea, and Pie Group (DR)  
**3:15 Happy Hour (Assisted Living Dining Room)**  
 5:00 Evening Movies with Care Team (LR)

**22**

9:00 Morning Stretches (LR)  
 9:30 Memory Baskets and Hand Massages (LR)  
 10:00 Fresh Start Fridays: How will you restart the new year with Tina (LR)  
 1:30 Ladder Ball (LR)  
**2:30 Outing (Meet in the Lobby)**  
 5:00 Dominoes with Care Team (LR)

**23**

9:00 Balloon Toss (LR)  
 9:30 Social Saturday: Coffee and Donuts (LR)  
 10:00 Church Service and Hymns (LR)  
 1:30 Ax Throwing (LR)  
 2:00 Arts Class with Shaarvi (LR)  
 3:00 Bingo (LR)  
 5:00 Relaxation Music with Care Team (LR)

**24**

9:00 Winter Walking Club (Meet in the Living Room)  
 9:30 Daily Chronicle Extra (LR)  
 10:00 Church Service and Hymns (LR)  
 11:00 Culinary Club: Peach Cobbler (LR)  
 1:00 Bingo (DR)  
 1:30 Ladder Ball (LR)  
 2:30 Who Am I? (LR)  
 3:00 Cookie Bake: Create your own special cookie (DR)  
 5:00 Memory Basket with Care Team (LR)

**25**

9:00 Monthly Trivia (LR)  
 9:30 Morning Stretches (LR)  
 10:00 Name That Tune with Care Staff  
**10:30 Singing with Mike (LR)**  
 1:30 Adult Coloring Corner (DR)  
 2:00 What am I? (LR)  
 2:30 Evening Stretches (LR)  
 3:00 Bingo (LR)  
 5:00 Evening Puzzles with Care Team (LR)

**26**

9:00 Chair Volleyball (LR)  
 9:30 Virtual Travel down memory lane (LR)  
 10:00 Lets sing the Boogie Woogie (LR)  
 1:30 Parachute Ball (LR)  
 2:00 Manicures with Tina (LR)  
 2:30 Cultural Documentary Series (DR)  
 3:00 Craft Club (LR)  
 3:30 Afternoon Coffee and Cookies (LR)  
 5:00 Music Hour with Nayas (LR)

**27**

9:00 Winter Walking Club (Meet in the Living Room)  
 9:30 Happy Birthday Alaska: Virtual Travel Experience (LR)  
 1:30 Adult Coloring Corner (DR)  
**2:00 Singing with Krystal (LR)**  
 3:00 Bingo (LR)  
 5:00 Evening Jazz with Care Team (LR)

**28**

9:00 Swatter Ball (LR)  
 9:30 Happy Birthday Martin Luther King Jr (LR)  
 10:00 Winter Time Memories Experience (LR)  
 1:30 Chair Yoga (LR)  
 2:00 Coffee, Tea, and Pie Group (DR)  
**3:15 Happy Hour (Assisted Living Dining Room)**  
 5:00 Evening Movies with Care Team (LR)

**29**

9:00 Morning Stretches (LR)  
 9:30 Daily Chronicle (LR)  
 10:00 Fresh Start Fridays: How will you restart the new year with Tina (LR)  
 1:30 Ladder Ball (LR)  
**2:30 Outing (Meet in the Lobby)**  
 5:00 Dominoes with Care Team (LR)

**30**

9:00 Balloon Toss (LR)  
 9:30 Social Saturday: Coffee and Donuts (LR)  
 10:00 Church Service and Hymns (LR)  
 1:30 Ax Throwing (LR)  
 2:00 Arts Class with Shaarvi (LR)  
 3:00 Bingo (LR)  
 5:00 Relaxation Music with Care Team (LR)

**31**

# January 2026

## Memory Care

Activities are subject to change