

SUN	MON	TUE	WED	THUR	FRI	SAT							
<div>LOCATION KEY</div> <div>DR - Dining Room</div> <div>LR - Living Room</div>				<div>New Year's Day</div> <div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>9:35 Rose Bowl Parade and Donuts (LR)</div> <div>10:15 New Year Resolution (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 New Year Adult Color (LR)</div> <div>1:00 Life's Precious Memories (LR)</div> <div>2:00 History of the Ball Drop (LR)</div> <div>3:00 National Bloody Mary Day: Cocktails and Mocktails</div> <div>3:15 Journal Club: What am I releasing in 2025? and What am I inviting in in 2026? (LR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>1</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Afternoon Yoga with Tina (LR)</div> <div>1:00 Coloring Corner (LR)</div> <div>1:10 Fresh Start Fridays: How will you restart the new year with Tina (LR)</div> <div>2:30 Colorful Crowd with Julie (LR)</div> <div>3:30 Brain Challenging Puzzles (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Friday Night Dominoes (LR)</div>	<div>2</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Reading Hour (LR)</div> <div>1:30 Finish the Line with Tina (LR)</div> <div>1:30 Piano Tunes with Shaarvi (DR)</div> <div>2:00 Creative Expression Through Color (LR)</div> <div>2:30 Crossword Circle (LR)</div> <div>3:30 Bible Study with Tina (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Movie (LR)</div>	<div>3</div>				
<div>9:00 Coffee and News (LR)</div> <div>9:30 Sunday Stretches (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Adult Color Creations (LR)</div> <div>1:30 New Year January Brain Challenges (LR)</div> <div>1:30 Winter Walking Club (Meet in the Living Room)</div> <div>2:00 Sunday Social Snack (LR)</div> <div>3:30 Remote Hymn Singing and Church Service (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Dominoes- The Tile Masters (LR)</div>	<div>4</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Singing with Mike (LR)</div> <div>10:30 GameTime: Dominos and Mexican Train (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Adult Color Creations (LR)</div> <div>1:00 Brain Challenging Puzzles (LR)</div> <div>1:30 Welcome to January (LR)</div> <div>2:00 Therapy Dog Visit with Lexi (LR)</div> <div>2:30 Communion Service (DR)</div> <div>3:00 Bible Study and Hymn Singing with Pastor Bill (DR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Puzzle Hour (LR)</div>	<div>5</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Monthly Trivia: Zodiac Triva and Much More (LR)</div> <div>10:15 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Adult Color Creations (LR)</div> <div>1:30 Walking Club (LR)</div> <div>2:00 Book Club with Sheree (LR)</div> <div>2:00 Group January Word Search with Refreshments (LR)</div> <div>3:15 Travel Club with Sheree (LR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>6</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Harlem Globtrotters Day (LR)</div> <div>10:15 Painting with Sheree (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Bridge Group (Community Life Room)</div> <div>12:30 January Adult Coloring (LR)</div> <div>1:00 January Peer Motivation Challenge: Keep New Years Resolutions (LR)</div> <div>1:30 Pondering Hour: New Year New Resolutions (LR)</div> <div>1:45 Wine Down Wednesday (LR)</div> <div>2:00 Plants and Animals Trivia (LR)</div> <div>2:30 Outing (Meet in the Lobby)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Brain Puzzles (LR)</div>	<div>7</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Daily Chronicle (LR)</div> <div>10:15 Monthly Card Making Group (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 January Adult Coloring (LR)</div> <div>1:00 Life's Precious Memories (LR)</div> <div>2:00 Cultural Documentary Hour (LR)</div> <div>3:15 Happy Hour (DR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>8</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Afternoon Yoga with Tina (LR)</div> <div>1:00 Coloring Corner (LR)</div> <div>1:10 Fresh Start Fridays: How will you restart the new year with Tina (LR)</div> <div>2:30 Colorful Crowd with Julie (LR)</div> <div>3:30 Brain Challenging Puzzles (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Friday Night Dominoes (LR)</div>	<div>9</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Reading Hour (LR)</div> <div>1:30 Finish the Line with Tina (LR)</div> <div>1:30 Piano Tunes with Shaarvi (DR)</div> <div>2:00 Creative Expression Through Color (LR)</div> <div>2:30 Crossword Circle (LR)</div> <div>3:30 Bible Study with Tina (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Movie (LR)</div>	<div>10</div>
<div>9:00 Coffee and News (LR)</div> <div>9:30 Sunday Stretches (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Adult Color Creations (LR)</div> <div>1:30 New Year January Brain Challenges (LR)</div> <div>1:30 Winter Walking Club (Meet in the Living Room)</div> <div>2:00 Sunday Social Snack (LR)</div> <div>3:30 Remote Hymn Singing and Church Service (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Dominoes- The Tile Masters (LR)</div>	<div>11</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Singing with Mike (LR)</div> <div>10:30 Music Therapy with Luisa (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Adult Color Creations (LR)</div> <div>1:00 Brain Challenging Puzzles (LR)</div> <div>1:30 Precious Moments (LR)</div> <div>2:00 Biography Hour (LR)</div> <div>3:00 Bible Study and Hymn Singing with Pastor Bill (DR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Puzzle Hour (LR)</div>	<div>12</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Monthly Trivia: Zodiac Triva and Much More (LR)</div> <div>10:15 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Adult Color Creations (LR)</div> <div>1:30 Walking Club (LR)</div> <div>2:00 Book Club with Sheree (LR)</div> <div>3:15 Travel Club with Sheree (LR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>13</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 This Day in History (LR)</div> <div>10:15 Creative Crafts (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Bridge Group (Community Life Room)</div> <div>12:30 January Adult Coloring (LR)</div> <div>1:00 January Peer Motivation Challenge: Keep New Years Resolutions (LR)</div> <div>1:30 Pondering Hour: New Year New Resolutions (LR)</div> <div>1:45 Wine Down Wednesday (LR)</div> <div>2:00 Plants and Animals Trivia (LR)</div> <div>2:30 Outing (Meet in the Lobby)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Brain Puzzles (LR)</div>	<div>14</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Daily Chronicle (LR)</div> <div>10:15 Culinary Club (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 January Adult Coloring (LR)</div> <div>1:00 Life's Precious Memories (LR)</div> <div>1:30 Wellness Talk with HealthPro Heritage (LR)</div> <div>2:00 Cultural Documentary Hour (LR)</div> <div>3:15 Happy Hour (DR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>15</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Afternoon Yoga with Tina (LR)</div> <div>1:00 Coloring Corner (LR)</div> <div>1:10 Fresh Start Fridays: How will you restart the new year with Tina (LR)</div> <div>1:30 Movie Matinee (LR)</div> <div>2:00 Total Hearing Care (Community Life Room)</div> <div>3:30 Brain Challenging Puzzles (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Friday Night Dominoes (LR)</div>	<div>16</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Reading Hour (LR)</div> <div>1:30 Finish the Line with Tina (LR)</div> <div>1:30 Piano Tunes with Shaarvi (DR)</div> <div>2:00 Creative Expression Through Color (LR)</div> <div>2:30 Crossword Circle (LR)</div> <div>3:30 Bible Study with Tina (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Movie (LR)</div>	<div>17</div>
<div>9:00 Coffee and News (LR)</div> <div>9:30 Sunday Stretches (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Adult Color Creations (LR)</div> <div>1:30 New Year January Brain Challenges (LR)</div> <div>1:30 Winter Walking Club (Meet in the Living Room)</div> <div>2:00 Silver Bells Piano Tunes (DR)</div> <div>2:00 Sunday Social Snack (LR)</div> <div>3:30 Remote Hymn Singing and Church Service (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Dominoes- The Tile Masters (LR)</div>	<div>18</div>	<div>Martin Luther King Jr. Day</div> <div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Singing with Mike (LR)</div> <div>10:30 Gametime: UNO Cards (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Adult Color Creations (LR)</div> <div>1:00 Brain Challenging Puzzles (LR)</div> <div>1:30 Precious Moments (LR)</div> <div>2:00 Biography Hour (LR)</div> <div>3:00 Bible Study and Hymn Singing with Pastor Bill (DR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Puzzle Hour (LR)</div>	<div>19</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Monthly Trivia: Zodiac Triva and Much More (LR)</div> <div>10:15 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Adult Color Creations (LR)</div> <div>1:30 Walking Club (LR)</div> <div>2:00 Book Club with Sheree (LR)</div> <div>3:15 Travel Club with Sheree (LR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>20</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 This Day in History (LR)</div> <div>10:15 Painting with Sheree (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Bridge Group (Community Life Room)</div> <div>12:30 January Adult Coloring (LR)</div> <div>1:00 January Peer Motivation Challenge: Keep New Years Resolutions (LR)</div> <div>1:45 Wine Down Wednesday (LR)</div> <div>2:00 Plants and Animals Trivia (LR)</div> <div>2:30 Outing (Meet in the Lobby)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Brain Puzzles (LR)</div>	<div>21</div>	<div>9:00 Coffee and News (LR)</div> <div>10:00 Daily Chronicle (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 January Adult Coloring (LR)</div> <div>1:00 Life's Precious Memories (LR)</div> <div>1:30 Word Search of the Day (LR)</div> <div>2:00 Cultural Documentary Hour (LR)</div> <div>3:15 Happy Hour (DR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>22</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Afternoon Yoga with Tina (LR)</div> <div>1:00 Coloring Corner (LR)</div> <div>1:10 Fresh Start Fridays: How will you restart the new year with Tina (LR)</div> <div>1:30 Movie Matinee (LR)</div> <div>3:30 Brain Challenging Puzzles (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Friday Night Dominoes (LR)</div>	<div>23</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Reading Hour (LR)</div> <div>1:30 Finish the Line with Tina (LR)</div> <div>1:30 Piano Tunes with Shaarvi (DR)</div> <div>2:00 Creative Expression Through Color (LR)</div> <div>2:30 Crossword Circle (LR)</div> <div>3:30 Bible Study with Tina (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Movie (LR)</div>	<div>24</div>
<div>9:00 Coffee and News (LR)</div> <div>9:30 Sunday Stretches (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Adult Color Creations (LR)</div> <div>12:30 Brain Challenging Puzzles (LR)</div> <div>1:30 New Year January Brain Challenges (LR)</div> <div>1:30 Winter Walking Club (Meet in the Living Room)</div> <div>2:00 Sunday Social Snack (LR)</div> <div>3:30 Remote Hymn Singing and Church Service (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Dominoes- The Tile Masters (LR)</div>	<div>25</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Singing with Mike (LR)</div> <div>10:30 Gametime: Left Center Right (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Adult Color Creations (LR)</div> <div>1:00 Brain Challenging Puzzles (LR)</div> <div>1:30 Precious Moments (LR)</div> <div>2:00 Biography Hour (LR)</div> <div>3:00 Bible Study and Hymn Singing with Pastor Bill (DR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Puzzle Hour (LR)</div>	<div>26</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 Monthly Trivia: Zodiac Triva and Much More (LR)</div> <div>10:15 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Adult Color Creations (LR)</div> <div>1:30 Walking Club (LR)</div> <div>2:00 Book Club with Sheree (LR)</div> <div>3:15 Travel Club with Sheree (LR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>27</div>	<div>9:00 Coffee and News (LR)</div> <div>9:30 Exercise Group with Sheree (LR)</div> <div>10:00 This Day in History (LR)</div> <div>10:15 Creative Crafts (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Bridge Group (Community Life Room)</div> <div>12:30 January Adult Coloring (LR)</div> <div>1:00 January Peer Motivation Challenge: Keep New Years Resolutions (LR)</div> <div>1:45 Wine Down Wednesday (LR)</div> <div>2:00 Plants and Animals Trivia (LR)</div> <div>2:30 Outing (Meet in the Lobby)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Brain Puzzles (LR)</div>	<div>28</div>	<div>9:00 Coffee and News (LR)</div> <div>10:00 Daily Chronicle (LR)</div> <div>10:15 Blankets of Love with Sheree (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 January Adult Coloring (LR)</div> <div>1:00 Life's Precious Memories (LR)</div> <div>1:30 Word Search of the Day (LR)</div> <div>2:00 Cultural Documentary Hour (LR)</div> <div>3:15 Happy Hour (DR)</div> <div>4:00 Dinner (DR)</div> <div>5:30 Evening Movie (LR)</div>	<div>29</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Afternoon Yoga with Tina (LR)</div> <div>1:00 Coloring Corner (LR)</div> <div>1:10 Fresh Start Fridays: How will you restart the new year with Tina (LR)</div> <div>1:30 Movie Matinee (LR)</div> <div>3:30 Brain Challenging Puzzles (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Friday Night Dominoes (LR)</div>	<div>30</div>	<div>9:30 Coffee and News (LR)</div> <div>10:00 Bingo (LR)</div> <div>11:00 Lunch (DR)</div> <div>12:30 Reading Hour (LR)</div> <div>1:30 Finish the Line with Tina (LR)</div> <div>1:30 Piano Tunes with Shaarvi (DR)</div> <div>2:00 Creative Expression Through Color (LR)</div> <div>2:30 Crossword Circle (LR)</div> <div>3:30 Bible Study with Tina (LR)</div> <div>4:00 Dinner (DR)</div> <div>6:00 Evening Movie (LR)</div>	<div>31</div>

January 2026

Assisted Living

Activities are subject to change